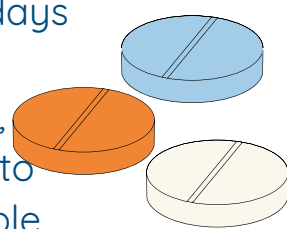


BOTOX AND CHRONIC MIGRAINES

What is a Chronic Migraine?

A chronic migraine is defined as “having headaches on at least fifteen days per month, with eight of these migraine symptoms, for at least three months.” Some migraine symptoms include: nausea, vomiting, dizziness, and sensitivity to light. For treatment, most patients are recommended to try nasal sprays or daily pills to alleviate their pain. However, most people do not know about how Botox works as a chronic migraine reliever.



How Does Botox Work?

Botox is an injectable that works to weaken or paralyze certain muscles or block certain nerves. According to Dr. Sashank Reddy, a plastic and reconstruction surgeon, Botox works best when the injection is received in the muscles near the face, neck, and head when treating chronic migraines. This is because these nerves tend to absorb the injection more quickly, therefore, interfering with pain-associated neurotransmitters faster and more successfully.

Statistics

50%



Dr. Wolf, a University Hospital family medicine physician and certified headache specialist states, “majority of patients will see at least a 50% decrease in both frequency and severity” if they chose to use Botox as a treatment option.

Statistics

70-80%

Internal medicine physician and headache specialist, Richard Kim, M.D, estimates that 70 to 80% of his patients have benefitted from Botox treatment for chronic migraines.

Ready to Be a Potential Candidate?

Receiving Botox to treat chronic migraines is recommended for anyone 18 years older that has been diagnosed with migraine headaches and suffers from at least 15 headache days per month. Dr. Wolf states, “These migraines should be debilitating enough to interfere with work, school, and social events. Patients should also have tried other migraine medications without sufficient improvement in symptoms.”



A Life-Changing Treatment

By acknowledging and promoting Botox as a viable option for those with chronic migraines, sufferers will begin to regain the quality of life they rightfully deserve.